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- Procedural video was equally as effective as live demonstrations
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  The use of video material in an excellent teaching aid for teaching and
  helped stundents to learn more efficiently
  bridge the gap between clinical and scientific knowledge

  Self generated videos promotes self-assessment by allowing them to reflect the procedure also in their own time
- Using videos and pictures in patient education would be useful and effective among dental hygienists

## Further research is needed to evaluate the effectiveness of video communication in In skills lab, in treating patients Best practises in different fields eg. Prosthodontics, endo, surgery... Consultation (remote) Patient education

